QUICK GUIDE

Supervision
What to Expect

Supervision is the second component of certification, and it runs under its own Agreement.

It is delivered by an IAPST Registered Supervisor. Some accredited programs include supervision, and where yours does not you arrange it yourself. Either way the Agreement is filed with the Association and the same rules apply.

DAY ONE

The Agreement

You and your supervisor sign in the Portal. The Executive Officer signs, and that date starts your two years.

EVERY SESSION

The log

Opened before the work begins. At the close you both initial the entries you reviewed.

150 HOURS

The midpoint review

The next individual session. You rate yourself first, then go through it together.

ALONG THE WAY

Recorded work

Six sessions watched with you, from three cases, and fifteen topics evidenced.

AT THE CLOSE

The final review

Filed by your supervisor and sent to you in full. Nothing is required of you in return.



Six clinical hours → One counted

THE RULE MOST OFTEN MISREAD

Clinical work comes first

Six completed clinical hours release one countable hour of supervision. Supervision given ahead of the work supporting it never counts, and doing the work afterwards will not recover it.

Clinical work may run ahead of supervision. That is not a breach.

300
CLINICAL HOURS
With the patient present, in psychosexual assessment or treatment.

50
SUPERVISION HOURS
Of which 26 individual, up to 24 group, and 16 unbroken with one supervisor.

2
YEARS TO FINISH
Running from the date the Executive Officer signs your Agreement.

0
COUNTED BEFORE THAT
Prior clinical experience does not count, however extensive it is.

WHAT IT COSTS

The supervisor sets their own fee and IAPST takes no share of it. Where your program does not include supervision, you pay them directly.

IF YOU CHANGE SUPERVISOR

You may, at any time, without the Association's permission. Hours properly accrued remain valid.

WHERE TO READ IT IN FULL

The **Standards of Supervision** govern this. Read them before you sign an Agreement.