

WHAT CERTIFICATION REQUIRES

C-PST certification has two components: accredited education and supervised psychosexual clinical work.

Complete both before applying. There is one certification route, and every applicant follows it.

YOUR SIX-STEP PATHWAY TO CERTIFICATION

1 BE LICENSED

Hold the license, registration, or equivalent authorization required to practice a clinical mental health profession where you work.

2 JOIN IAPST

Hold Student Membership throughout supervision. Hours completed while your membership is lapsed do not count.

3 ENROLL

Enter an IAPST-accredited education program. No other course of education satisfies this requirement.

4 ARRANGE SUPERVISION

Work with an IAPST Registered Supervisor and sign the official Agreement. Education and supervision may overlap with prior written program approval.

5 COMPLETE THE HOURS

Finish 300 psychosexual clinical hours and 50 supervision hours within two years of Agreement approval.

6 APPLY

Submit the application, graduation proof, log, supervisor recommendation, professional statement, and Ethics undertaking.

WHAT IT COSTS

Tier II members pay half • Program tuition is separate

APPLICATION FEE

\$300 | \$150 Tier II

Paid when you submit your certification application.

ANNUAL DUES

\$200 | \$100 Tier II

Payable each year once certified. Certification renews annually.

SUPERVISION

Supervisor sets the fee

You pay your supervisor directly. IAPST does not set, review, or share the fee.

CLINICAL HOURS AT A GLANCE

300 clinical + 50 supervision

Complete within two years of Agreement approval

● Maintain the 6:1 ratio

Complete one supervision hour for every six clinical hours as you go; excess clinical hours are not credited.

● Individual supervision

At least 26 hours must be individual, including at least 15 continuously with one supervisor.

● Group supervision

Up to 24 hours, optional and available only through an authorized accredited program.

● When counting begins

The first session counts. Later hours count after approval; prior clinical experience does not count.

CLINICAL SAFEGUARDS

Records, observation, and consent

- ✓ Maintain the official log. Your supervisor reviews it each session, completes a midpoint review at 150 clinical hours, and covers all 15 required topics.
- ✓ Your supervisor observes at least 6 sessions across at least 3 patients, through recorded review or live observation.
- ✓ Before the first session, tell each patient that your work is supervised and may be recorded or observed. Obtain written consent.

PUBLIC STATUS

Use "pursuing certification" with your license. Do not use certified, candidate, or eligible. These hours generally do not count toward licensure.

THE DOCUMENTS YOU RECEIVE

1 SUPERVISION STANDARDS

Requirements for you, your supervisor, and your program. Includes patient consent forms. Standards govern.

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2 SUPERVISION AGREEMENT

Official contract signed at the first session. That hour counts; later hours count after sign-off.

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3 CODE OF ETHICS

Binding as a member and again at certification when you sign the required undertaking.